NEW STUDENT GUIDE

For International Students



Brown School Global Program



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Getting Started

WebSTAC

<u>WebSTAC</u> is a student's access point to his/her academic record at Washington University in St. Louis. Using WebSTAC tools, students can add and drop classes, check grades, request an official transcript, print an unofficial transcript.

WashU MyCanvas

WashU MyCanvas is the primary learning management system for the WashU Community.

Wustl Email

<u>Wustl Email</u> All students receive a University email account provided through Microsoft's Office 365 platform.

Bear Bucks

<u>Bear Bucks</u> is a cashless system on the WashU ID card, which can be used to make purchases on and off campus. Students can also use mobile app "GET" to manage their bear bucks account.

Academic Resources

Libraries

The Washington University Libraries are a powerful network of academic resources featuring 12 <u>libraries</u> (10 on the Danforth Campus, one at West Campus, one at the Medical School).

The John M. Olin Library is the central library of the Washington University Library System housing general-interest materials and collections in the humanities, social sciences, and engineering.

Olin Library hours

The Brown School library is a full-service library that includes access to an extensive collection to meet the needs of students, faculty and staff across our public health, social policy, and social work programs.

Brown School Library hours

Textbooks

Borrow Textbooks: Students can borrow some textbooks at libraries.

Buy Textbooks: <u>Amazon</u> has new textbooks and used text books. You can also access electronic book in Amazon if you have a kindle.

Computing Resources

If you need help accessing or using Office 365 services, please use the contact information below to request assistance:

Contact Student Technology Services

Phone: (314) 935-7100

Text Message: (314) 933-8324

Email: student.technology@wustl.edu

English and Cultural

- Be our Guest Program (OISS)
- English Corner (OISS)
- Table Wisdom

Table Wisdom is a social enterprise that brings mature adults and foreign-born students together for professional mentoring and conversational English-speaking sessions. They recruit mentors and students from different places and backgrounds, and use advance technology to match mature adults who have native English language ability or fluency with foreign borns for mutually beneficial conversations, combining professional mentoring with language learning and friendship in ways that change lives. For foreign borns, having a personal American professional mentor and better English mean better lives, and for mature adults, being a Table Wisdom mentor is about being valued and discovering a renewed sense of purpose. By doing so, Table Wisdom is always working on revolutionizing education, social engagement, and cultural awareness.

• Cultural Showcase

This annual event showcases the many vibrant cultures at the Brown School, culminating in a student showcase of song, dance, and food!

• Stats Lab

The StatLab's mission is to provide basic statistical and methodological support for Brown students. Peer instructors can assist students with quantitative course and research projects pertaining to basic statistics, epidemiological methods, statistical software, identifying data sources, and data analysis. Available services are contingent upon staff expertise.

• Communication Lab

The Brown School Communication Lab offers workshops to enhance students' professional

writing and presentation skills across a variety of formats and media. The Lab also offers intensive ESL support as well as limited tutoring services. Contact Peter Coogan at pcoogan@wustl.edu.

• English Language Support Classes

All Brown School international students will be tested by OISS English Language Program for English language proficiency upon arrival at Brown School. Based on the assessment scoring, students may be required to attend an English Language Support (ELS) Class, which is held every Friday during the first semester of the MSW, MPH, and MSP programs. Contact Tammy Orahood at orahood@wwstl.edu.

Living at WashU

Housing Resources and Neighborhood

- The Central West End is east of Washington University and lies on the edge of Forest Park. It is one of St. Louis's hip areas to dine and have a good time. It is within close proximity to campus and is accessible to the campus via the Gold line Metro Bus. It is an approximately 5-10-minute drive from the Central West End to Washington University Danforth Campus. The Metro link station runs through the medical school campus, taking you to various places throughout St. Louis.
- The Loop/ University City lies north of the Washington campus and east of Clayton. The Loop is within walking distance from Washington University or is accessible via the Green Washington University shuttle line.
- Clayton/Brentwood is officially the home of Washington University, St. Louis County's government, and the Central Business District. Clayton lies west of Washington University campus. Clayton holds the St. Louis the St. Louis art fair each year, which is rated one of best in the nation. These Clayton/Brentwood communities consist of quiet, friendly neighborhoods that are within close proximity to campus. The Gold and Red line Metro buses transport students to and from this area. It is an approximately 5-mintue drive from Washington University to Clayton area. The St. Louis Metrolink also has stops in both the Clayton and Brentwood areas.

Part 1: Finding an apartment

The Weston Career Center of Olin Business School has built a website to help incoming WashU students find roommates, a wustl email is required for signing up an account and here is the link for the website: http://www.olinroommatefinder.com/.

• WUSTL-Owned Apartments

Quadrangle Housing and Parallel are Washington University's off-campus housing affiliate and manages a variety of University owned properties located in the heart of Washington University in St. Louis' neighboring communities.

Quadrangle Housing:

700 Rosedale Ct.

Campus Box 1016

St. Louis, MO 63112

Phone: (314) 935-9511

Email: quadrangle@wustl.edu

Parallel:

700 Rosedale Ct.

Campus Box 1016

St. Louis, MO 63112

Phone: (314) 935-4141

Email: info@rentparallel.com

• Non WUSTL-Owned Apartments

The Apartment Referral Service is a WUSTL office that maintains a list of private landlords. Privately owned apartments are available in all of the neighborhoods surrounding campus. <u>View their listings online</u> or visit their office for more assistance.

Apartment Referral Service

North Campus

700 Rosedale Ave.

Campus Box 1016

St. Louis, MO 63112

Phone: (314) 935-5092

Email: <u>ars@wustl.edu</u>

When you first arrive to St. Louis, you probably need hotels or <u>Airbnb</u> to temporarily settle in to find a suitable house. Here are some hotels around the Washington University in St. Louis

a. Charles F. Knight Executive Education & Conference Center

Address: Throop Drive & Snow Way Dr., St. Louis, MO 63130 located inside

Washington University in St. Louis

Tel: (314) 933-9400

b. Moonrise Hotel

Address: 6177 Delmar Blvd, St. Louis, MO 63112

Tel: (314) 721-1111

c. Residence Inn by Marriott St. Louis Galleria

Address: 8011 Galleria Pkwy, St. Louis, MO 63117

Tel: (314) 862-1900

d. The Cheshire

Address: 6300 Clayton Rd, Richmond Heights, MO 63117

Tel: (314) 647-7300

e. Clayton Plaza Hotel

Address: 7750 Carondelet Ave, Clayton, MO 63105

Tel: (314) 726-5400

Part 2: Find furniture

- a. Join <u>Facebook school community group</u> for free and sale. There is also other information like textbook exchange, campus tips, housing, events & parties, and jobs & internships.
- b. <u>CORT Furniture Rental</u> offers a variety of services from home and office furniture rental and clearance furniture to relocation and destination services.

Transportation

• Driving in St. Louis

International students and scholars can apply for a Missouri Driver License in order to drive while living in the United States. <u>OISS</u> provides more information on how to get a Missouri Driver's License.

- Public Transportation:
 - MetroLink trip planner: https://tripplanner.metrostlouis.org/
 - The U-Pass program provides free Metro passes to full-time students, benefitseligible faculty and staff, and full-time employees of qualified service

providers who perform daily tasks. Register for a U-Pass

- Metro Bus Routes Serving the WashU Area
 - The #1 Gold Line serves the Danforth Campus, the Medical Campus,
 West Campus and downtown Clayton.
 - The #2 Red Line serves the Danforth Campus, North Campus, the St. Louis Galleria, the Schnucks grocery stores on Clayton Road and Olive, the DeMun area, Brentwood Square and Maplewood Commons.
 - The Green Line serves the Danforth Campus, The Village, Lewis
 Center, Greenway Apartments, the 560 Trinity building, WashU Lofts
 Apartments and the Big Bend Metro station.
- Car Share
 - Uber
 - Lyft
 - Enterprise CarShare
- Other Transportation Options in Washington University in St. Louis

Parking

Accessible parking for those with disabilities is located near campus buildings and clearly indicated on the <u>campus parking map</u>. To get more information, please visit <u>Accessible</u> Parking on Campus.

Safety and Security

For all emergencies, call 911.

If you are on campus and need assistance, you can call the <u>Washington University Police</u>

<u>Department</u> (WUPD) at (314) 935-5555 on the Danforth Campus or call the <u>School of</u>

<u>Medicine Protective Services</u> at (314) 362-4357 on the Medical Campus. Sign up for the <u>WUSTL emergency notification system</u> and learn where to go in case of an emergency. Use a blue light telephone to request WUPD assistance.

Blue Light Emergency Telephones

<u>The blue light emergency telephone system</u> is a series of highly visible telephones strategically located throughout the Danforth Campus (view the map) and extending into areas of university-owned off-campus housing. The telephones off campus have a direct link

to the local police serving that area; on campus they connect directly to the Washington University Police Department.

Campus2Home Shuttle

<u>The Campus2Home shuttle</u> provides a safe ride home between the hours of 6 p.m. and 4 a.m. daily from the Washington University in St. Louis Danforth Campus to off-campus residences in four designated areas. These areas are: Skinker-DeBaliviere, the Loop South, north of the Loop and just south of campus (view the shuttle route boundaries).

Identity Theft

Identity theft is a crime that occurs when your personal information (such as your name, date of birth or Social Security number) is stolen and used without your knowledge. To learn more about identity theft and to learn how to protect yourself.

Items you should carry with you:

- ✓ Copy of your passport
- ✓ Your health insurance card
- ✓ Your Missouri driver's license or nondriver identification
- ✓ Your WUSTL ID

Items you should keep in a safe location and not carry with youL

- ✓ Your Social Security card
- ✓ Your passport and other visa status documents

Health Insurance

Students are enrolled in Washington University in St. Louis' mandatory health insurance plan and receive their healthcare through Student Health Services. For more information, visit the student healthcare & insurance page.

- ✓ Health insurance is required for international students, and you may have additional co-pays
- ✓ You need to show proof of vaccination or you can't register
- ✓ Use Health Center first, located on the South 40. Call 935-6666 for an appointment or online at http://shs.wustl.edu
- ✓ Emergency room only for true emergencies

Wellness and Fitness

<u>WashU Recreation</u> is responsible for recreational facilities and programming on the Danforth Campus and is dedicated to providing students, faculty and staff a first-rate health, wellness and recreation experience.

Grocery Stores

- Large supermarket chains: Walmart, Target, Wholefoods, Trader Joe's, etc.
- American supermarket chains: Schnucks, ALDI, Dierbergs, etc.
- Global supermarkets: <u>United Provisions</u>, Olive supermarket, PanAsia, <u>Global Foods</u> Market, etc.

Financial Resources

Student Financial Services

Select your program to calculate your estimated tuition and fee expenses by semester. These worksheets are designed to provide an estimate of your semester tuition after the disbursement of any scholarship awards and/or federal loans; official tuition balances will be available upon enrollment into the Brown School. Microsoft Excel is required to open these worksheets.

- Master of Social Work Advanced Standing
- Master of Social Work International Students
- Master of Social Work International Students Advanced Standing
- Master of Public Health International Students
- Master of Social Work/Master of Public Health Dual Degree International Students

Contact Dominique Sandheinrich, Assistant Director of Financial Aid, dominique.brown@wustl.edu with additional questions.

Cost of Living

St. Louis is consistently recognized for its affordability and low cost of living. Students coming to St. Louis from metropolitan areas across the country are often surprised to find the cost of housing, utilities, transportation and groceries throughout the city. This <u>Cost of Living</u>

<u>calculator</u> serves as a helpful tool in understanding the cost-of-living index in St. Louis relative to other cities.

Aid Award Guide

The <u>Financial Aid Award Guide</u> outlines important deadlines and information for navigating various types of aid awards. Please review this guide carefully and proceed according to deadlines outlined within the document.

Student Employment

F-1 students are allowed to work on campus only for no more than 20 hours per week during the regular semester but may be employed full time during breaks between semesters, if the student is eligible and intends to enroll for the next semester. Employment may not interfere with the student's academic program. All off-campus employment must be preauthorized with assistance from the OISS.

Through the Brown School's free online career management resource, you can upload a resume, apply for opportunities posted in the system, post a job from your organization, book an appointment with Career Services, and learn about upcoming events. Login into Symplicity to find more information.

- Professional Development
- Public Health Systems Science
- Social Development / CMHSR
- Envolve Center for Health Behavior Change
- Career Service
- Service Center

Scholarship Information

If you are interested in applying for scholarship information for international students, please contact Dominique Brown, Assistant Director of Financial Aid (dominique.brown@wustl.edu) or Tammy Orahood, Director of Global program (orahood@wustl.edu).

Banking Resources

Bank of America is located on campus: Mallinckrodt Center, Tel: 314-466-0520

Other Resources

Mental health resources

The Habif Health and Wellness Center offers a Chinese speaking therapist on staff. In addition, students can participate in "Let's Talk," a program that provides students with easy access to free, brief, confidential consultations with counselors from Mental Health Services (MHS). MHS counselors hold walk-in hours on the third floor of Goldfarb Hall during which students can stop by when their schedule permits- no appointments needed. Finally, the Liberman Graduate Center presents International C.H.A.T. (Creating Healthy Actions Together), a weekly informal gathering for international graduate students led by experienced group facilitators.

International Student Groups – Brown School

- i. International Student Association (ISA) To bridge the gap between international students and American students, assist international students in overcoming various cultural barriers, and to raise cultural awareness in the Brown School, the Washington University campus, and St. Louis communities.

 isa@brownschool.wustl.edu.
- ii. Brown School African Students Association (BSASA) To provide a network for both African and non-African Brown School students interested in Africa and to increase awareness of African issues. bsasa@brownschool.wustl.edu
- **iii. Voice of Dream** To provide a network for students interested in social work and public health topics in China. voice9of9dream@gmail.com
- **iv. Mi Gente: Latinx at Brown** Mi Gente is a student organization that strives to foster community among Latinx-identified individuals and allies to be able to advocate for visibility and community engagement at the Brown School and the greater St. Louis region.

Recreational Social Events

• Forest Park Forever

Forest Park located adjacent to the Danforth Campus is the largest public park in the US and one of the greatest civic treasures of St. Louis. It is the home to five major cultural institutions: Saint Louis Art Museum, Saint Louis Science Center, Missouri History Museum, the Muny and Saint Louis Zoo.

Forever Park: https://www.forestparkforever.org/

• Tower Grove Park

Festival of Nations: https://festivalofnationsstl.org/

• Botanical Gardens

Signature Cultural Events: https://www.missouribotanicalgarden.org/things-to-do/events/signature-events.aspx

• St. Louis K-pop Festival & Taste of Korea

http://www.kaastl.org/events

• St. Louis African Arts Festival

https://stlafricanartsfest.com/

Contact information – Brown School

Tammy Orahood: orahood@wustl.edu

Zizi Xu Shillig: zizixu@wustl.edu